

Trauma - Informed Support Skills

A one-day basic training to provide a framework for working with survivors of trauma (including sexual abuse), who also experience mental health issues as a result of the trauma.

Who should attend? This basic training is suitable for people who volunteer or work in shelters, drop-in centres, health, mental health and social service organizations. Participants will find it useful in understanding the impact of trauma and assisting individuals to improve their quality of life.

Participants will...

Discuss:

- The cluster of vulnerabilities observed in high-end users of health and social services
- The continuum of functioning observed in trauma survivors
- Three categories of services available for trauma survivors

Practice:

- Trauma-informed listening and support skills

Explore:

- Ways to counteract the effects of vicarious trauma



REGISTRATION

e-mail: workshops@cmhagrb.on.ca
519-766-4450 / 1-866-448-1603 x365

COST is \$65.00 per participant

Only 4 persons per organization
Subsidized spots may be available

Sorry, no refunds

DATES & LOCATIONS

Thursday, November 4, 2010 ~ Kitchener

Tuesday, February 8, 2011 ~ Guelph

Wednesday, June 22, 2011 ~ Cambridge

Workshop runs from 9:00 to 5:00

Call now to reserve your preferred date



CANADIAN MENTAL
HEALTH ASSOCIATION
Grand River Branch

