

*Don't hide it.
Talk about it.*



Bringing Suicide Awareness to our Community

Thurs. Aug. 13th

Daniel Tudisco Memorial Golf Tournament

- Cambridge Golf Club
- \$125 per person incl. lunch, cart, green fees, dinner, prizes
- All proceeds to WRSPC

Thurs. Sept. 10th

World Suicide Prevention Day

- Victoria Park Pavilion, Kitchener
• 4:00pm - AGM
- 6:00pm - Butterfly Release and service for all those affected by suicide
- 7:00pm - Community panel discussion

Wed. Oct. 28th

Understanding and Coping with the Effects of Work Related Stress

- Sunshine Centre, Waterloo
- 7:00pm - 9:00pm • FREE

Thurs. Sept. 24th

Inspiring Documentary Suicide is indeed "A Secret Best Not Kept"

- Princess Theatre, Waterloo
- Door open 6:30pm, show time 7:00pm
- \$10 non-members, \$7 members

Thurs. Oct. 29th

Dimensions of Suicide, Work Related Stress: Reasons, Responses & Resilience

- Sunshine Centre, Waterloo
- 8:30am - 4:30pm • \$90



**Waterloo Region
Suicide Prevention Council**

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